

# Chiropractic Case History/Patient Information

Date: \_\_\_\_\_ Patient #: \_\_\_\_\_ Doctor: \_\_\_\_\_

Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
E-mail address: \_\_\_\_\_ Fax #: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Marital Status: M S W D How many children? \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Employer's Address: \_\_\_\_\_ Office Phone: \_\_\_\_\_  
Spouse: \_\_\_\_\_ Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
How were you referred to our office? \_\_\_\_\_  
Family Medical Doctor: \_\_\_\_\_  
When doctors work together it benefits you. May we have your permission to update your medical doctor regarding your care at this office? \_\_\_\_\_

## HISTORY OF PRESENT ILLNESS

Chief Complaint: Purpose of this appointment: \_\_\_\_\_  
Date symptoms appeared or accident happened: \_\_\_\_\_  
Is this due to: Auto \_\_\_ Work \_\_\_ Other \_\_\_\_\_  
Have you ever had the same or a similar condition?  Yes  No If yes, when and describe: \_\_\_\_\_  
\_\_\_\_\_  
Days lost from work: \_\_\_\_\_ Date of last physical examination: \_\_\_\_\_

## PAST MEDICAL HISTORY

Have you ever been diagnosed with any of the following conditions? (Check all those that apply)

<input type="checkbox"/> Broken Bones	<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Eating Disorder
<input type="checkbox"/> Circulatory Problems	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Alcoholism
<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Drug Addiction
<input type="checkbox"/> Seizures/Convulsions	<input type="checkbox"/> Strokes	<input type="checkbox"/> HIV Positive
<input type="checkbox"/> A Congenital Disease	<input type="checkbox"/> Cancer	<input type="checkbox"/> Gall Bladder
<input type="checkbox"/> Excessive Bleeding	<input type="checkbox"/> Ruptures	<input type="checkbox"/> Depression
<input type="checkbox"/> High/Low Blood Pressure	<input type="checkbox"/> Coughing Blood	<input type="checkbox"/> Ulcers

Do you have a history of stroke or hypertension? \_\_\_\_\_

Have you had any major illnesses, injuries, falls, auto accidents or surgeries? Women, please include information about childbirth (include dates): \_\_\_\_\_  
\_\_\_\_\_

Have you been treated for any health condition by a physician in the last year?  Yes  No

If yes, describe: \_\_\_\_\_

What medications or drugs are you taking? \_\_\_\_\_  
\_\_\_\_\_

Do you have any allergies to any medications?  Yes  No

If yes, describe: \_\_\_\_\_

Do you have any allergies of any kind?  Yes  No If yes, describe: \_\_\_\_\_

Please list any other health problems you have, no matter how insignificant they may be: \_\_\_\_\_  
\_\_\_\_\_

## SOCIAL HISTORY

Do you drink alcoholic beverages? \_\_\_\_\_ If so, how much per week? \_\_\_\_\_  
Do you use any tobacco products? \_\_\_\_\_ Do you smoke? \_\_\_\_\_ If so, packs per day: \_\_\_\_\_  
Do you take vitamin supplements? \_\_\_\_\_ If so, please list: \_\_\_\_\_  
Do you consume caffeine? \_\_\_\_\_ If so, how much per day: \_\_\_\_\_

Do you exercise?\_\_\_\_\_ If yes, what is the frequency and type of exercise?\_\_\_\_\_

What are your hobbies?\_\_\_\_\_

What percentage of time during the day (at home or at your job away from home) do you spend:

lifting\_\_\_\_\_ sitting\_\_\_\_\_ bending\_\_\_\_\_ working at a computer\_\_\_\_\_

**FAMILY HISTORY**

Parents:

Father: living\_\_\_ deceased\_\_\_ (check one) Current age if still living:\_\_\_\_\_ Cause of death and age at death if deceased:\_\_\_\_\_

Mother: living\_\_\_ deceased\_\_\_ (check one) Current age if still living:\_\_\_\_\_ Cause of death and age at death if deceased:\_\_\_\_\_

Check if applicable to you: \_\_\_\_\_ As an adopted child, little is known of birth parents or family.

FAMILY DISEASES (check if applicable and indicate whether Maternal/Paternal side or Sister or Brother):

Tuberculosis\_\_\_\_\_

Cancer\_\_\_\_\_

Mental Illness\_\_\_\_\_

Diabetes\_\_\_\_\_

Asthma\_\_\_\_\_

Heart Disease\_\_\_\_\_

Stroke\_\_\_\_\_

Kidney Disease\_\_\_\_\_

Lung Disease\_\_\_\_\_

Arthritis\_\_\_\_\_

Liver Disease\_\_\_\_\_

Other\_\_\_\_\_

Please check any and all insurance coverage that may be applicable in this case:

Major Medical  Worker's Compensation  Medicaid  Medicare  Auto Accident

Medical Savings Account & Flex Plans  Other

Name of Primary Insurance Company:\_\_\_\_\_

(if this is an auto accident, this is the insurance co. of the car you were in)

ID or Claim Number\_\_\_\_\_ Group #\_\_\_\_\_

Subscriber's Name\_\_\_\_\_ Relationship to Patient\_\_\_\_\_

Address\_\_\_\_\_ Birth Date\_\_\_\_\_

(if different than patient)

Name of Secondary Insurance Company (if any):\_\_\_\_\_

ID or Claim Number\_\_\_\_\_ Group #\_\_\_\_\_

Subscriber's Name\_\_\_\_\_ Relationship to Patient\_\_\_\_\_

Address\_\_\_\_\_ Birth Date\_\_\_\_\_

(if different than patient)

**AUTHORIZATION AND RELEASE:** I authorize payment of insurance benefits directly to the chiropractor or chiropractic office. I authorize the doctor to release all information necessary to communicate with personal physicians and other healthcare providers and payors and to secure the payment of benefits. I further authorize the release of my medical records to this office. I understand that I am responsible for all costs of chiropractic care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable. I understand that interest is charged on overdue accounts at the annual rate of 16%. We reserve the right to charge a \$25.00 fee for appointments missed without 24-hours notice.

**The patient understands and agrees to allow this chiropractic office to use their Patient Health Information for the purpose of treatment, payment, healthcare operations, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent. If there is anyone you do not want to receive your medical records, please inform our office.**

Patient's Signature:\_\_\_\_\_ Date:\_\_\_\_\_

Guardian's Signature Authorizing Care:\_\_\_\_\_ Date:\_\_\_\_\_

1. What is your major symptom? \_\_\_\_\_

2. What does this prevent you from doing or enjoying? \_\_\_\_\_

3. If this is a recurrence, when was the first time you noticed this problem? \_\_\_\_\_

How did it originally occur? \_\_\_\_\_

Has it become worse recently? Yes \_\_\_ No \_\_\_ Same \_\_\_ Better \_\_\_ Gradually Worse \_\_\_\_\_

If yes, when and how? \_\_\_\_\_

4. How frequent is the condition? Constant \_\_\_\_\_ Daily \_\_\_\_\_ Intermittent \_\_\_\_\_ Night Only \_\_\_\_\_

5. Are there any other conditions or symptoms that may be related to your major symptom?  
Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, describe: \_\_\_\_\_

6. Describe the pain: Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Numbness \_\_\_\_\_ Tingling \_\_\_\_\_ Aching \_\_\_\_\_  
Burning \_\_\_\_\_ Stabbing \_\_\_\_\_ Other \_\_\_\_\_

7. Is there anything you can do to relieve the problem? Yes \_\_\_ No \_\_\_ If yes, describe \_\_\_\_\_  
\_\_\_\_\_ If no, what have you tried to do that has not helped? \_\_\_\_\_

8. What makes the problem worse? Standing \_\_\_\_\_ Sitting \_\_\_\_\_ Lying \_\_\_\_\_ Bending \_\_\_\_\_  
Lifting \_\_\_\_\_ Twisting \_\_\_\_\_ Other \_\_\_\_\_

9. List any major accidents you have had other than those that might be mentioned above: \_\_\_\_\_

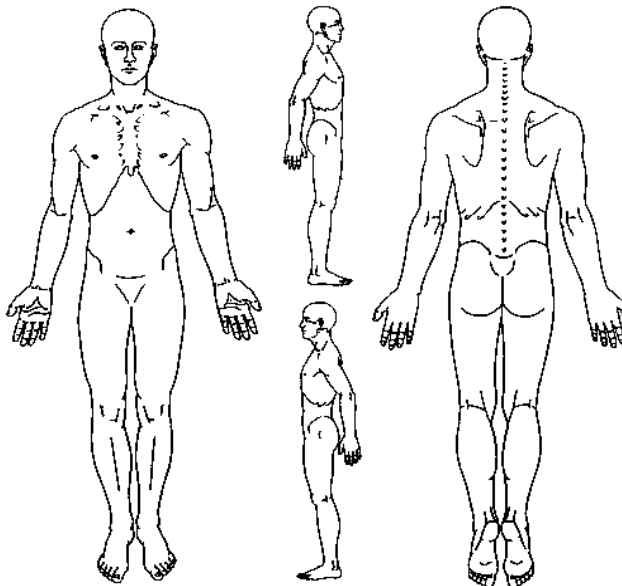
10. WOMEN ONLY: Are you pregnant, or is there any possibility you may be pregnant?  
Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_

11. Remarks: \_\_\_\_\_

NO SYMPTOMS | Please place an "X" on the line above to indicate level of problem. | EXTREME SYMPTOMS

### Tell Us Where You Hurt

**Mark an X on the picture where you continue to have pain, numbness or tingling.**



Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_



# WELLNESS EVALUATION

In medicine today, leaky gut aka intestinal permeability, isn't typically diagnosed. However that doesn't mean it's not affecting your health. Many health issues related to gut health go undiagnosed, misdiagnosed, or are ignored by traditional medicine. Please complete this evaluation to help our doctors determine how we can help your condition.

## Let's get started

Please check any that apply to you:

### Sub-Clinical Symptoms Including:

- Headaches
- Migraines

### Hormone Imbalance Including:

- PMS
- Emotional imbalance

### Gastrointestinal Issues Including:

- Abdominal bloating, cramps or painful gas
- Irritable Bowel Syndrome
- Ulcerative Colitis
- Crohn's Disease and other intestinal disorders

### Respiratory Conditions Including:

- Chronic sinusitis
- Asthma
- Allergies

### Joint Conditions Including:

- Knee, Shoulder, or Spine

### Autoimmune Conditions Including:

- Diabetes Mellitus
- Lupus
- Rheumatoid Arthritis
- Fibromyalgia
- Chronic Fatigue

### Thyroid Conditions Including:

- Hashimotos
- Hypothyroidism
- Hyperthyroidism

### Developmental and Social Concerns Including:

- Autism
- ADD/ADHD

### Skin Conditions Including:

- Eczema
- Skin rashes
- Hives

Circle the number that most closely fits, then add up your results.

	None	Mild	Mod	Severe
Constipation and/or diarrhea	0	1	2	3
Abdominal pain or bloating	0	1	2	3
Mucous or blood in stool	0	1	2	3
Joint pain or swelling, arthritis	0	1	2	3
Chronic or frequent fatigue or tiredness	0	1	2	3
Food allergies, sensitivities or intolerance	0	1	2	3
Sinus or nasal congestion	0	1	2	3
Chronic or frequent inflammations	0	1	2	3
Eczema, skin rashes or hives (urticaria)	0	1	2	3

	None	Mild	Mod	Severe
Asthma, Hayfever, or airborne allergies	0	1	2	3
Confusion, poor memory or mood swings	0	1	2	3
Use of NSAIDS (Aspirin, Tylenol, Motrin)	0	1	2	3
History of antibiotic use	0	1	2	3
Alcohol consumption makes you feel sick	0	1	2	3
Gluten sensitivity or Celiac's disease	0	1	2	3
Nausea	0	1	2	3
Weight issues	0	1	2	3

**YOUR TOTAL** \_\_\_\_\_